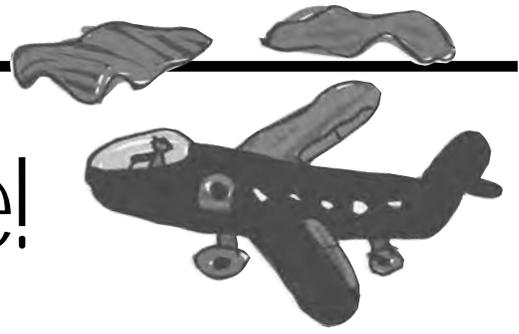


recreation

& fun

Come Fly with Me!

Reducing Airport Stress



These days, it seems as though nothing is easy when it comes to travel that involves an airport. Lines are longer; patience is shorter; and everyone is a little on edge. However, there are ways to reduce the amount of stress related to airline travel. The following tips have been reprinted from the Transportation Security Administration (TSA) Web site. For more information, access the site at www.tsa.gov.

Before You Go . . .

- ◆ Provide advance notice to your airline or travel agent if your child will require assistance at the airport. TSA can only assist you with the screening process. Your airline will assist you through the airport facility and the screening queue line.
- ◆ If you require a companion or assistant to accompany you or your child through the security checkpoint to reach your gate, speak with your airline representative about obtaining a gate pass for your companion before entering the security checkpoint.
- ◆ The limit of one carry-on and one personal item (purse briefcase or computer case) does not apply to medical supplies, equipment, mobility aids, and/or assistive devices carried by and/or used by a person with a disability.
- ◆ Pack medications in a separate pouch/bag to facilitate the inspection process. Ensure that containers holding medications are not too densely filled, and that all medication is clearly identified. It is recommended that passengers refrain from packing any medications in their checked baggage that they do not want exposed to x-rays. Instead, send larger quantities of medications to your destination by mail or any other way preferred.
- ◆ If you have medical documentation regarding your child's medical condition or disability, you can present this information to the screener to help inform him of your situation. This documentation is not required and will not exempt you from the security screening process.
- ◆ Make sure all carry-on items, equipment, mobility aids, and devices have an identification tag attached.
- ◆ Disability-related items permitted through the security checkpoint include:
 - wheelchairs, scooters, crutches, casts, canes, walkers, prosthetic devices, support braces, exterior medical devices;
 - orthopedic shoes and appliances, augmentation devices, Braille note takers, slate and stylus;
 - ostomy scissors with pointed tips with an overall length, including blades and handle, of four inches or less, when accompanied by an ostomate supply kit containing related supplies, such as collection pouches, wafers, positioning plates, tubing, or adhesives;
 - service animals such as dog

guides, assistance, hearing and seizure alert dogs, monkey helpers

- adaptive equipment and tools (wrenches, screwdrivers, pedals, and extension rods used by little people), tools for prosthetic devices, tools for wheelchair assembly and disassembly, oddly-shaped utensils and utensils taped together (no knives);

- supplemental personal medical oxygen containers/systems and other respiratory-related equipment and devices;

- all diabetes-related equipment and supplies (see hidden disabilities for listing of diabetes-related items);

- all types and forms of medication, dispensers, and related supplies.

◆ TSA recommends that you bring all the necessary tools and/or appliances that required to put on or take off any prosthetic device (e.g. wrenches, pull sleeves, etc.) should you need to remove the prosthetic device for any reason. TSA allows these tools to be carried through the security checkpoint once they have been screened (see assistive devices and mobility aids for more details on prosthetic device screening).

◆ If your child has a medical device (on the interior or exterior of body) check with your doctor prior to traveling to determine if it is safe to go through the metal detector or be handwanded. If your child's doctor indicates that he/she should not go through the metal detector or be handwanded, or if you are con-

