

On The Go . . .

The Virginia Travel Guide for People with Disabilities



The Virginia Travel Guide for People with Disabilities profiles recreation, lodging, restaurants, attractions and travel resources throughout the state.

Descriptions include information about the location, special services and types of pathways, as well as other important details. Information for the guide is gathered through questionnaires and on-site visits involving persons with disabilities and physical and occupational therapists. Work is currently in progress on the publication's sixth edition.

Below is a sampling of places for indoor and outdoor recreation for children in Virginia. What is featured below includes only a portion of the information available in the guide. For additional details and ideas, call 1-800-742-3935 or 804-371-0327 (TTY) or visit them on the Web at www.Virginia.org/access and www.travelguides.org/vaguide.html.

CHILDREN'S MUSEUM OF RICHMOND

Richmond, Va • 804-474-CMOR • www.c-mor.org

Large, open-style building with good accessibility all on one floor. Learn through interactive play — sit in an eagle's nest, explore a cave, wiggle through a digestive tract, tinker in the Inventor's Lab, create your own work of art and more. Special Services: For guests with visual impairments, almost all exhibits are hands-on for learning. Signs with contrasting background, printed on a non-glossy surface. All exhibits are accessible to persons with mobility impairments except Human Mouth and Canopy over River.

LAKE ANNA STATE PARK

Spotsylvania, Va • 540-854-5503

Pontoon boat rides, fishing, swimming and hiking at one of Virginia's most popular lakes. Special Services: For guests with visual impairments, there are tactile exhibits such as a touch table with animal pelts and nature items, and signs with contrasting background printed on a non-glossy surface. Additional Info: No park admission fee for vehicles with handicapped tags. Additional picnic shelter with cement floor, and two ADA rated playground units with asphalt paths.

MASON NECK STATE PARK

Mason Neck, Va

703-550-0960 Office, 703-550-0362 Visitor Center

Hiking, picnicking and more in remote scenic northern Virginia locale. Special Services: For guests with mobility impairments, hiking trails offer short, non-strenuous walks. The Kanesh Creek trail has an observation blind for visitors to look for waterfowl and other wildlife. Picnic areas have tables for guests in wheelchairs. Additional Info: Vehicles displaying handicapped license plates or plaques are not charged. Programs interpret the water, woodlands and area wildlife, with emphasis on the bald eagles which inhabit the area.

POCAHONTAS STATE PARK

Chesterfield, Va • 804-796-4255

Largest Virginia state park with camping, hiking, biking, picnicking, swimming, fishing, boating and nature study. Additional Info: Picnic areas have accessible tables and grills. Lodges, rest rooms and showers at the Algonquian Ecology Camp are wheelchair accessible. Campground features 65 pull-through sites with utilities. Five campsites are fully accessible.

AMAZEMENT SQUARE

Lynchburg, Va • 434-845-1888

www.amazementsquare.org

Visitors of all ages, backgrounds and abilities can explore global and regional topics, the arts and humanities, science and health-related themes. Amazement Square is wheelchair-accessible and makes every effort to accommodate visitors with special needs.

CHILDREN'S GARDEN

Lewis Ginter Botanical Garden, Richmond, Va

804-262-9887 • www.lewisginter.org

A universally accessible design ensures that visitors with disabilities can participate in a full experience of the garden, which includes two elevated structures — a Leafy Overlook and a Tree House — for all visitors via a long, gently sloping ramp and connecting bridge. This ramp was funded in part by a grant from the Christopher Reeve Foundation. The Children's Garden also features a hands-on activity center.